



PURPOSE

This week we're going to explore living life on purpose. We believe that all human beings have the SAME purpose, with individualized missions. We believe that **every single one of us is here to experience living from the Highest, best versions of ourselves at any given moment.**

The highest version of ourselves is always evolving, as we evolve. We are constantly growing and shifting who we are, so our Highest Self is relative to where we currently are in our journey. But the beauty is, while what that may look like will change, the purpose is still the same: Grow into your Highest Self.

Today, we want you to explore how you can live on purpose, simply with choice. Our challenge to you is to **create and live from the place of "being the best ME I possibly can"** in the face of something called "a job I hate", "a relationship on the brink", "a sick parent who constantly needs attention," or any other challenge you're facing right now. This is mastery level stuff, and we're well aware that it is not always easy, but very doable with commitment. Hold that in your heart and move through the day with the clear purpose of living and creating from the best version of you.

When we show up on purpose, our mission in life becomes more clear.