



## CREATE WITH YOUR MANTRA

### MY MANTRA IS:

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**Today is a game. You're job is to go out into the world and live and breathe the HOW of your Mantra. For example: if your Mantra is "Have fun and be nice" your job is to go out into your day and create that experience of having fun and being nice wherever you go and in whatever you do. If it's "Create experiences that nourish others" it's your job to go out and create nourishing experiences for everyone you come in contact with. The point of this game is to show you how easy it is to create a life of vision, mission and purpose in any and every moment.**

# REFLECTION QUESTIONS: WEEK TEN

If you feel called to, you can send all answers to [bridgemethod@gmail.com](mailto:bridgemethod@gmail.com)  
with subject: ACCOUNTABILITY WEEK TEN

1. How do you feel after this week?
2. What are some experiences you created with the game on Day 5?
3. What's your favorite movie and why? (We really want to know!)